



Loss Control Division

of the Alabama Municipal Insurance Corporation
and the Municipal Workers Compensation Fund

Sponsored by the Alabama League of Municipalities



Online Training - Year Round Courses



The AMIC/MWCF Loss Control Division has partnered with LocalGovU, an online training provider specializing in training to local governments. The courses offered year-round are listed below by category.

Fire Department

Bloodborne Pathogens for First Responders
Fire Behavior – Fire Basics
Fire Behavior – Types of Fires
Fire Behavior – Fire Growth and Fire Stages
Fire Control – Structural Fires
Fire Control – Wildfires and Non-Structural Fires
Hazmat First Responder Awareness Level 1

Utility Department

Drinking Water Distribution System Management
Sewer System Overview
Wastewater Utility Operation & Maintenance
Watershed Overview
Storage Tank Management
Providing and Protecting Potable Water Sources
Stormwater Runoff Responsibilities 101
Water Agency Security
Trench Safety
Trenching and Excavation Safety
Excavation 101
Excavation 102
Confined Spaces
Respirators & Air Quality

Motor Vehicles

Bus Operations: Operator Training
Bus Safety: Distracted Driving
Commercial Motor Vehicle Safety
Distracted Driving for Local Government
Defensive Driving Basics
Advanced Defensive Driving Techniques
Distracted Driving for Local Government – 2 Hour
Dump Truck Safety

Work Zone Safety

The First 15 Minutes – Decision Making at Roadway Incidents
Inspection and Citation Guidance for Roadway
and Highway Construction Work Zones

Work Zone Exposure Control Measures
Work Zone Safety for Local Governments
Work Zone Traffic Control 101
Safe and Effective Work Zone Inspections
Understanding the MUTCD

Equipment Safety

Chain Saw Safety
Ladder Safety 101
Equipment Safety
Forklift Safety
Power Tool Safety

Seasonal Safety

Dealing with Heat Stress
Snow and Ice Management
Dealing with Cold Stress

Information Technology

Microsoft Outlook Basics
Microsoft Word Basics
Microsoft Excel Basics
Computer Security Basics

Chemical Safety

Absorbents and Spills
Chemicals and MSDS
Global SDS and the Hazardous Communications Standard

Customer Service

Basic Telephone Skills
Keeping Your Cool
Personal Professionalism
A Welcoming Customer Culture
Handling Difficult Customers



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Elected Officials

- Ethical Behavior for Elected Officials
- Ethical Behavior for Local Governments
- Parliamentary Procedures
- Running an Effective Board Meeting
- Training for Small Communities

Volunteers & Community

- Public Employee Safety in the Community
- Volunteers Working with Children and Adolescents
- Understanding Child Neglect for Volunteers
- Understanding Domestic Abuse for Volunteers

Management Skills

- Enhancing Work Relationships
- Report Writing: 1
- Report Writing: 2
- Business Writing Basics
- Work Environment Flexibility
- Basic Math
- Meeting Management
- Generational Differences
- An Introduction to Requests for Proposal
- Business Continuity
- Coaching with Character
- Transition from Peer to Supervisor
- Developing Effective Communication Skills
- Writing and Effective Email
- Time Management Skills
- Drug and Alcohol Awareness
- Supervisor Skills 101
- Supervisor Skills 201
- Sexual Harassment Training for Managers
- Science of Employee Engagement
- Goal Setting Skills
- Leadership vs Management
- Performance Management
- Crisis Management
- Providing Effective Orientations
- Press Conference and Briefing Basics
- Dealing with the Media

Health & Wellness

- High Blood Pressure – Reducing Your Risks
- Understanding Depression and Bipolar Disorder
- Understanding Nutritional Information & Labels
- Understanding Pre-diabetes
- Diabetic Emergencies
- Managing Your Healthcare
- Eating Right for Health and Fitness
- Smoking Cessation
- Stress and Your Health
- Understanding Carpel Tunnel Syndrome
- Sleep and Your Health
- Walking Your Way to Fitness
- Excited Delirium
- Pandemic Planning – Elements of the Plan
- Pandemic Planning – Planning Organization

Parks & Recreation and Grounds Keeping

- Lawn Care Equipment Safety
- Commercial Lawn Mower Safety
- Cemetery Maintenance
- Youth Sports Injuries
- Parental Responsibility and Youth Sports
- Public Pools & Public Health
- Designing and Maintaining Safe Playgrounds



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Human Resources

- Discipline and Termination
- Handling Angry Employees
- Employee Recognition
- Employee Retention
- HIPAA: Protected Health Information for Public Entities
- Understanding the Family & Medical Leave Act
- Workplace Harassment
- Workers Compensation: Strains and Sprains Injury Prevention
- Retaining Talent
- FMLA Training for Supervisors
- Form I-9
- Personnel Record Retention (Federal Standards)
- Sexual Harassment in the Workplace
- Disciplinary Action and Procedures
- Bullying in the Workplace
- Diversity in the Workplace
- Violence in the Workplace
- The Risks of Social Media
- Managing Risk in an Aging Workforce
- Recruiting Excellent Employees

Grant Writing

- Fire & EMS Grant Writing 101
- Law Enforcement Grant Writing 101

System Usage

- Using the Admin System

Workplace Safety

- Bloodborne Pathogens
- Means of Egress
- Active Shooter: Ambush Awareness and Preparation
- Back Injury Prevention
- Basic First Aid
- Electrical and Fire Safety
- Emergency Preparation and Egress
- Preventing Slips, Trips and Falls
- Fall Protection
- Personal Protective Equipment
- Workplace Ergonomics
- Preventing Accidents in the Workplace
- Investigating Incidents
- Lockout/Tagout 101